	Unit		Reading	Listening
1	Unit 1 Things from the past p. 6 1 Warm-up: Important things from the past, 2 A step into the past, 3 Lost-and-found-stories, 4 Review		Old toys that can make you rich (Multiple matching), Renais- sance fairs (Multiple matching), Four incredible lost-and-found- stories (Multiple matching)	A prized possession (Multiple choice), A house from the past (Note form)
2	Unit 2 Heroes, scoundrels and everything in between 1 Warm-up: Heroes and scoundrels, 2 Characterising the good, the normal and the evil, 3 Identifying the evil, 4 Identifying the good, 5 Real life heroines and heroes, 6 Review	p. 22	Freedom Writers (Note form), A real-life Spiderman (Note form)	What makes heroes great? (Multiple matching)
З	Unit 3 Food matters – how food matters p. 38 1 Warm-up: Preheat the oven, 2 Ready, steady – cook!, 3 From theory to practice – from measurements to actual recipes, 4 Can you smell the roast? The meat debate, 5 Let's party!, 6 Food preparation, 7 Food for thought, 8 Review		Not your kind of meat? (Multiple choice)	
4	Unit 4 Travelling Warm-up: The world, 2 Up north, 3 Heading south, 4 Around the world in 80 days, 5 When things go wrong, 6 Review	p. 54	Otavalo (Note form)	Tourism on Orkney (Multiple choice), Chapter 29 of "Around the world in 80 days" (Note form), Bad travelling stories (Multiple matching)
5	Unit 5 Social media Warm-up: Being social, 2 Information, news and research, 3 Media use and entertainment, 4 Communication and social networks, 5 Review	p. 70	Fake News (Note form)	Using social media (Multiple matching)
6	Unit 6 My future life 1 Warm-up: Future ambitions, 2 Future career, 3 Expressing future, 4 Special jobs, 5 Future hopes, 6 Review	p. 86	Bernard Northcamp Center (Multiple choice)	Career choices (Note form), Girls and their future careers (Note form)
7	Unit 7 Games, Games, Games 1 Warm-up: Spare time activities, 2 History of unusual sports, 3 To watch or to do?, 4 What if, 5 Sports stars vs. couch potatoes, 6 Review	p. 102	What is eSports? (Multiple matching)	The official history of Ultimate Frisbee (Multiple choice), An interview with Cristiano Ronaldo (Multiple choice)
8	Unit 8 It takes all sorts to make a world of relationships 1 Warm-up: Birds of a feather flock together, 2 Meet all the generations in core and extended families, 3 Across the generations, 4 The language of relationships: emotions, feelings and personality, 5 Special forms of relationships, 6 Reading for joy: a story about friendship, 7 Review	p. 118	Time well spent (True/false with justification)	For the benefit of them all (Multiple matching)
9	Unit 9 If music be the food of love, play on 1 Warm-up: Music in our lives, 2 Describing music, 3 A song, 4 Music and how it affects you, 5 It is held yearly, 6 Why music does us all good, 7 Music-related health is- sues, 8 Review	p. 134	Open air! (Multiple choice)	Music and hearing problems (Note form)
10	Unit 10 Get booked 1 Warm-up: Bookworm or reluctant reader?, 2 Describing and recommending books, 3 Why do we read?, 4 Digital vs. Print, 5 Books come in all sorts, 6 Giving more information, 7 Book reviews, 8 The Circuit: Reading about the life of a migrant child worker	p. 150	Ebooks and their advantages (True/false with justification)	Frankenstein – the first science fiction novel (Multiple choice)
	Test formats p. 180		Reading p. 180	Listening p. 184

Language in use	Speaking	Writing	Grammar
Losing a camera (Banked gap-fill), Opening a time capsule (Multiple choice)	Kids and their toys (Individual long turn), How many toys do you need? (Paired activity), What are you looking for? (Paired activity)	An important toy (Informal email)	Past tenses
Heroes, heroines and capes (Word formation), Do you know who the Freedom Writers are? (Banked gap-fill)	Not everything is only good or only bad, is it? (Individual long turn)	Searching for a role model (Article)	Adjectives and adverbs; Comparatives and superlatives
Too much? Food overload (Word formation), Food Banks (Banked gap-fill), Jamie Oliver's Fifteen (Open gap-fill)	<b>Organising a party</b> (Individual long turn)	Food blogger (Blog post)	Modal verbs; Imperatives (commands)
A hot day in Brazil (Open gap-fill), Around the world in 80 days (Word formation)	Doing unusual things when on holiday (Individual long turn), Would you go around the world in 80 days? (Individ- ual long turn), Where do you want to go? (Individual long turn), Your next school trip (Paired activity)	Write your own itinerary! (Blog post), Write your own! (Blog comment), Email of complaint (Email of complaint), Comment on this blog post (Blog comment)	Reported speech
Social media and entertainment (Banked gap-fill), Social media and relationships (Open gap-fill), Quitting social media (Multiple choice)	Online or offline (Individual long turn), Cool social networks (Paired activity), Talking or texting, that is the question (Individual long turn)	Online activites of teens (Report), Writing a report (Report)	Present tenses
What is a gap year? (Word forma- tion), Finding the right work-life balance (Banked gap-fill)	A gap year (Individual long turn), Personal future (Paired activity)	Myself in ten years (Blog post), Email of application (Email of application)	Future tenses
Can Ultimate Frisbee save the world? (Open gap-fill), The struggles of being a sports fan (Multiple choice)	Children and fitness problems (Individual long turn)	A blog comment (Blog comment)	Conditionals, if-sentences
The advantages of knowing people from abroad (Word formation), The connection between people's interests and their friendships (Multiple choice)	What a great trip! (Paired activity)	Would you drop Fred as a friend? (Informal email or letter), A friendship worth fighting for (Informal email or letter)	ing-forms and gerund
Music and cognition – music and the human brain (Banked gap-fill), Healing sounds (Word formation)	Music and you (Individual long turn), Should we stay or should we go? (Paired activity)	A music event (Report)	The passive
Does reading make you a nerd? (Open gap-fill), The role of books for poor students (Open gap-fill), Fewer teenagers read books frequently (Banked gap-fill)	<b>Organising a book club</b> (Paired activity)	Writing a book review (Book review), Books vs films (Article)	Relative clauses
Language in use p. 187	Speaking p. 192	Writing p. 189 Writing reference p. 194	Grammar reference p. 166